

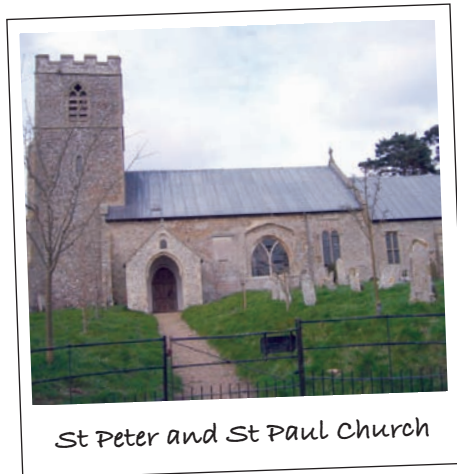
# Blickling to Cawston 20 mile cycle tour

OFF THE  
BEATEN  
TRACK

The parish of **Blickling** is largely covered by the estate of **Blickling Hall**, an early 17th Century house owned by the National Trust. It is one of England's great Jacobean houses and is built in red brick. The ghosts of Anne Boleyn and Sir John Fastolfe are said to haunt the house and grounds. There are miles of attractive lakeside and parkland walks, and interesting features such as the sunken garden, dry moat, temple and orangery.

The **Church of St Andrew** is a medieval church which has an extensive 18th Century re-modelling including the tower by G. E. Street in 1876. If you wish to visit the church it is open all day for visitors.

The **Church of St Peter and St Paul**, is mainly of the 15th Century although substantial repairs were undertaken in 1898 at a cost of £1,000 – raised by local donations. The tower has only one of its original three bells. Local



St Peter and St Paul Church

legend says that some of Cromwell's men are buried in the churchyard, although exactly where remains a mystery. The church is open all day for visitors.

**Oulton Hall** is never open to the public, the grounds are opened occasionally. The 18th Century manor house and clock tower can be seen from the road. The house has a 6 acre garden, lake and woodland walk and is a member of the national garden scheme. Next to Oulton Hall is **Oulton Chapel**. This was built in the 18th Century, and was

restored by the Norfolk Historic Buildings Trust. The chapel was reopened by Prince Charles. The Chapel has a picnic ground set in an orchard, which the public are welcome to enjoy.

**Heydon Hall** grounds are open to walkers all year round and the Hall can be seen from some of the footpaths. In 1586 the house and manor were bought by the Colfer family and later by the Kemp family. In 1640 Sir Robert Kemp sold it to the roundhead Erasmus Earle. He was a Parliamentary lawyer and became Sergeant-at-Law to Oliver Cromwell.



Heydon Hall

## Useful telephone numbers

**Aylsham Tourist Information Centre** 01263 733903

Easter – 30 September open daily 10am-4.30pm.

October – Easter 10am-2pm (closed Wednesday & Saturday).

**Broadland District Council** 01603 431133

**Local Police** (non-emergency number) 0845 456 4567

## Useful websites

[www.sustrans.org.uk](http://www.sustrans.org.uk)

[www.ctc.org.uk](http://www.ctc.org.uk)

[www.nationalcyclingstrategy.org.uk](http://www.nationalcyclingstrategy.org.uk)

[www.rospace.co.uk](http://www.rospace.co.uk)

[www.heron.nhs.uk](http://www.heron.nhs.uk)



Blickling Hall

# DIRECTIONS

- 1 From Norwich take the A140 north towards Cromer. Take the road into Aylsham and follow the brown tourist signs, for about 1 mile, through the market place to Blickling Hall.
- 2 From the Hall turn left along the road back to Aylsham and take the first right turn signed Silvergate. Follow this road for ½ a mile into Silvergate.
- 3 Turn right at the far end of the village by the National Trust Abel Heath sign, (at the end of the road). Turn right again and follow the road for about 1½ miles into the Parish of Oulton.
- 4 Continue straight ahead over 2 sets of crossroads for 1 mile, passing the Parish church of St Peter and St Paul on the right.
- 5 At the crossroads after the church turn right signed Itteringham. Follow the road through Oulton passing the attractive 18th Century Oulton Hall (not signed) on the left.

- 6 Take the next turn left signed Irmingland and follow the lane for 1 mile through fields and past Irmingland Hall on the right. Continue for another mile.
- 7 Turn left at the main road junction signed Norwich B1149.
- 8 After almost 3 miles turn right at the crossroads signed Heydon. Follow this road for about 1¾ miles turning right at crossroads into Heydon. Here you will find Heydon Hall.
- 9 Turn around and take the same road out of Heydon and at the crossroads turn right signed Wood Dalling then right again signed Saxthorpe. Follow the road for ¾ mile to Crompton Hall on the right.
- 10 Turn left opposite the Hall and follow the road passing Grove Farm on the left.
- 11 Turn left on the next sharp right bend into Red Pit.

# OFF THE BEATEN TRACK

- 12 Turn left at the end of this road and follow for just under a mile to Crabgate.
- 13 At the end of this road, opposite Crabgate Farm, turn right and continue for about a mile then turn left at the crossroads, signed Salle.
- 14 At the junction turn left onto the Reepham Road. Continue along this road for 1¾ miles towards Salle turning left on the right hand bend signed Salle Street.
- 15 At the end of this road turn right opposite the entrance to Salle Hall Park.
- 16 Take the next left turn signed Cawston and follow the road for about 1½ miles into Cawston.

To return to Norwich take the B1145 towards Aylsham and then the B1149 which will take you back to the City.



Blickling Hall



Dog Lodges on Dog Corner at Heydon



Salle



Blickling