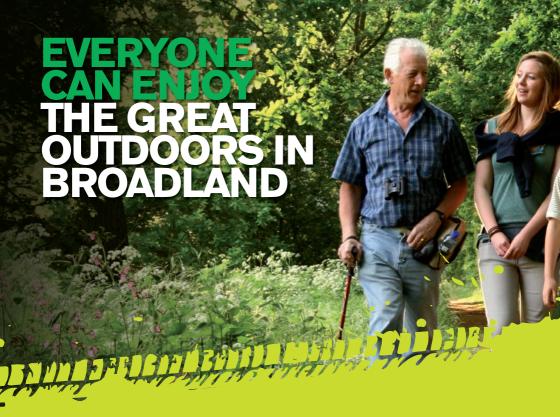


WALKING & CYCLING IN BROADLAND

Discover the heart of Norfolk





An extensive network of paths and routes take you through woodlands, parkland, marshland, broads and heaths. The gentle nature of the countryside and less rain than some Mediterranean countries, means it is ideal for families and those that just love being outdoors. We have a range of guides to suit all tastes that are available free from our TIC.

For those wanting a greater challenge spend the weekend walking or cycling off-road along the Marriott's Way and the Bure Valley Path. A distance of some 35 miles exploring the cultural and railway heritage of the area, it is a great introduction to Norfolk, and a little more challenging than you might think.

All our friendly bed and breakfasts and self catering properties welcome cyclists and walkers and have all the facilities to make your stay relaxing and easy.











If you would like this information in a different format, such as large print, audio, Braille or in a different language call Business Support on 01603 430487 or email business@broadland.gov.uk and we will do our best to help. www.broadland.gov.uk

CYCLE ROUTES

Salhouse

Marriott's Way for cycling, walking or horse-riding. At 26 miles this is one of the longest off-road routes in the country. This tranquil trail winds its way through glorious countryside and picturesque villages following the track-bed of the decommissioned railway line that linked Aylsham and Reepham with Norwich. There is an abundance of wildlife – you might see kestrels, hares, orchids and if you're very lucky, otters – ancient churches, local food pleasures and artwork to enjoy along the way.

Recycled railway line has been creatively used to produce Village Markers along the route. www.countrysideaccess.norfolk.gov.uk

The Marriott's Way between Reepham and Norwich forms part of the Sustrans 370 mile

National Cycle Network
Route 1 (Hull to Harwich)
tel 0845 113 0065.

www.sustrans.org.uk

NORTH SEA (S) CYCLE ROUTE

And part of the 3,750 mile **North Sea Cycle Route www.northsea.cycle.com**

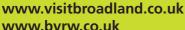






Woodbastwick

The Bure Valley Path for cycling or walking. A nine-mile route through the picturesque Bure Valley between historic Aylsham and Wroxham in the heart of the Broads. It follows the narrow-gauge Bure Valley Railway and halts are provided at Brampton, Buxton and Coltishall to put down or pick up passengers on request, including bikes (subject to space). Enjoy views of the stunningly restored Buxton Mill, sip champagne at Hautbois Hall or take a boat journey around the Broads at Wroxham.



Weavers Way A 56 mile walking route from Cromer to Great Yarmouth passing through Hanworth, Blickling, Aylsham, Acle and Halvergate. The name Weavers Way comes from the cloth industry that was once a major industry in the area, leaving its mark with extraordinarily grand churches and historic country manor houses.

www.countrysideaccess.norfolk.gov.uk

The Wherryman's Way travels through the southern Broads area – following the course of the River Yare between Norwich and Great Yarmouth. Look out for the unique way markers along the route, which include figures, sculpture, information panels and audio points. You can walk the whole route or explore parts of it by cycle or train. Alternatively you can explore one of the ten circular village walks enroute which includes walks around Reedham and the Berney Arms Windmill.

www.wherrymansway.net







>KETTOW

Enjoy Broadland more with our full range of leaflets that will help you explore and experience the total wonder of the area. With well over 1,000 historically important buildings, romantic renaissance landscapes, mediaeval churches, ancient trees, eerie gothic chapels and windmills, Broadland has inspired many authors and artists to depict its beauty. It is a



place where fairytale love stories began and Tudor tragedies were played out, folklore and ghost stories, interest and intrigue. Free information will take you to the hidden treasures of days gone by.

Our circular walks range from 3 to 12 miles, cycling routes and church trails average 20 miles and market town guides offer a shorter walk and a good pub lunch. Contact Aylsham TIC (see back page) or visit our website.

NORFOLK HEALTH, HERITAGE AND BIODIVERSITY WALKS

This is the first of many new publications promoting Norfolk with shorter walks, covering the area in and around Aylsham including Reepham, Buxton, Blickling and Cawston. For information on this and a range of other publications call 01603 222769 or visit

www.countrysideaccess@norfolk.gov.uk

Norwich Fringe Project provides details of longer distance routes and a series of guided health walks if you enjoy company and meeting new people on your travels!

www.norwichfringeproject.co.uk

HOP ON, HOP OFF

MOST WALKS ARE NEAR A BUS OR TRAIN ROUTE.

Our **Tourist Information Centre** at Aylsham (see back page) can offer advice with journey planning, bus and train timetables.

Or call **traveline** 0871 200 22 33. **www.travelineeastanglia.org.uk**



BY RAIL

Bittern Line

Between Norwich and Sheringham. Stations in Broadland at Salhouse and Wroxham. **www.bitternline.com**

The Wherry Line

Between Norwich and Lowestoft and Gt Yarmouth. Stations in Broadland at Brundall Gardens, Brundall, Lingwood, Acle, Buckenham, Cantley, Berney Arms and Reedham.

The National Express East Anglia Cycles on Trains initiative allows for bicycles to be carried on local trains in a cycle carriage area. Advance reservations are advisable especially in the summer holidays. To reserve a space for your bike, tel 0845 600 7245.

www.wherrylines.org.uk

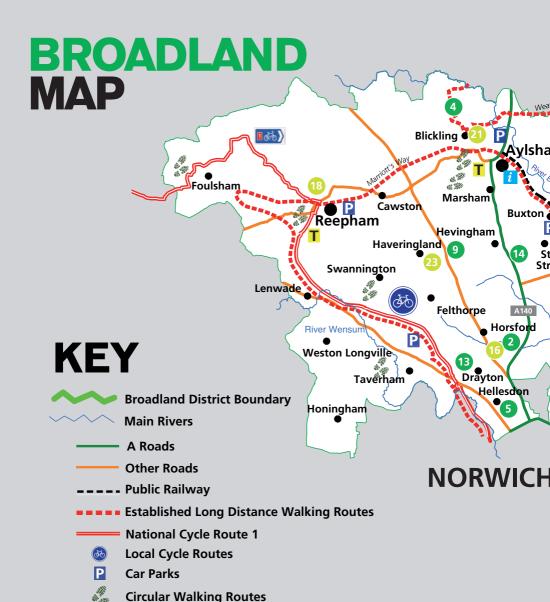
Bure Valley Railway

15 inch gauge line between Aylsham and Wroxham with halts at Brampton, Buxton and Coltishall tel 01263 733858

www.bvrw.co.uk







- 1
- Local Towns and Villages

Public Conveniences Railway Stations

- Self-Catering Accommodation
- Guest Accommodation
- Windmill





All our accommodation has been rated for quality by VisitBritain either as Guest Accommodation, B&B, Hotel or Self Catering. Star ratings, from one to five are used to assess the accommodation. Those not yet showing star ratings are currently awaiting inspection.

Our accommodation displaying the **Walkers Welcome** and **Cyclists Welcome** accolades match the required criteria set out by VisitBritain and have been inspected and accepted into the Schemes highlighting their commitment to the needs of Walkers and Cyclists.

You will also see symbols for Pets Welcome and Families Welcome.

For full details of required criteria please go to the Welcome Schemes page on www.qualityintourism.co.uk.

EATING OUT

When you need reviving or your weary legs can't take you any further, relax and enjoy a country pub, restaurant or café serving wholesome, home-cooked and often locally produced food.

EATING IN

Why not sample the local produce during your stay? The Broadland Food Directory lists over 40 food producers and retailers of locally produced food and drink and Farmers' Markets. Available from Aylsham TIC or download from our website.

WALKERS AND CYCLISTS WELCOME





The properties in this guide offer an area to dry wet clothes and for cyclists somewhere safe and secure to store bikes. They also have available a first aid kit, local maps, details of bus and train services and nearby places to eat.

GUEST ACCOMMODATION











BARN COURT

****Guest Accommodation
6 Back Lane, RACKHEATH NR13 6NN
Tel 01603 782536
Email barncourtbb@hotmail.com

BECKLANDS GUEST HOUSE

****Guest Accommodation 105 Holt Road, HORSFORD NR10 3AB Tel 01603 898582 Email becklands@aol.com www.becklandsguesthouse.com











BRECKLAND B&B

***B&B

12 Strumpshaw Road, BRUNDALL NR13 5PA Tel 01603 712122

Email davidandtina.ward@btinternet.com www.breckland-bandb.co.uk

BUCKINGHAMSHIRE ARMS

* * * * Inn

Blickling, AYLSHAM NR11 6NF Tel 01263 732133

Email bucksarms@tiscali.co.uk www.bucks-arms.co.uk

Awaiting Assessment Walkers & Cyclists Welcome











CAIRDEAN

****B&B 71 Middletons Lane, Hellesdon, **NORWICH NR6 5NS** Tel 01603 419041 Email cairdean@ntlworld.com www.cairdean.co.uk

COACH HOUSE ★★★★SILVER B&B

96 Norwich Road, WROXHAM NR12 8RY Tel 01603 784376 Email bishop@worldonline.co.uk www.coachhousewroxham.co.uk **Awaiting Assessment Walkers &**

Cyclists Welcome











GREEN HAVEN LODGE B&B

46 Green Lane West, RACKHEATH NR13 6PG Tel 01603 721418 Email greenhavenbnb@aol.com www.greenhavenbnb.co.uk **Awaiting Assessment Walkers & Cyclists Welcome**



KINGS HEAD INN

★★★Inn The Street, ACLE NR13 3DY

Tel 01493 750204 Email info@kingsheadinnacle.co.uk www.kingsheadinnacle.co.uk











MARSHAM ARMS INN

****Inn

Holt Road, HEVINGHAM NR10 5NP Tel 01603 754268 Email nigelbradley@marshamarms.co.uk www.marshamarms.co.uk

MOORSTICKS

Buxton Road, SPIXWORTH NR12 7BJ Tel 01603 488808

Fmail

moorsticksaccommodation@yahoo.co.uk www.moorsticksaccommodation.com **Awaiting Assessment Walkers &**

Cyclists Welcome















OLD HALL FARM

★★★★Guest Accommodation Newport Road, SOUTH WALSHAM NR13 6DS Tel 01603 270017 Fmail veronica@oldhallfarm co.uk www.oldhallfarm.co.uk

THE OLD RECTORY HOTEL

★★Country House Hotel North Walsham Road, CROSTWICK NR12 7BG Tel 01603 738513 Email info@oldrectorycrostwick.com www.oldrectorycrostwick.com











THE STOWER GRANGE HOTEL

★★ @ Hotel School Road, DRAYTON NR8 6EF Tel 01603 860210 Email reception@stowergrange.co.uk www.stowergrange.co.uk AA quality rating. All walkers and cyclists facilities.



WOODMAN'S FARM ★★★★SILVER B&B

Cromer Road, STRATTON STRAWLESS NR10 51 U Tel 01603 754658 Email janice@woodmansfarm.com



www.woodmansfarm.com

BLICKLING CYCLE HIRE

Cycle hire is available from 4 April until 1 November 2009, 10am-5pm from the orchard picnic area at Blickling Hall. Open every day, except Tuesdays, during local school holidays and weekends only at other times.



Explore the beautiful countryside surrounding one of Norfolk's most impressive historic houses, and take in the sights and views across the Bure Valley. If you prefer a more relaxing wander then follow one of the many way-marked paths and enjoy the estate by foot.

• • • • • • • www.nationaltrust.org.uk

SELF CATERING



15



16

CHARITY BARN

****Self Catering Charity Farm, 10 Wymers Lane, SOUTH WALSHAM NR13 6EA Tel 01603 270410 Email colin.holmes2@tesco.net ww.charitybarn.co.uk

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CHURCH FARM COTTAGES

Church Street, HORSFORD NR10 3DB Tel 01603 898582 Email becklands@aol.com www.becklandsguesthouse.com Awaiting Assessment Walkers & Cyclists Welcome









18

GLEBE FARM COTTAGES

★★★Self Catering Church Lane, FRETTENHAM NR12 7NW Tel 01603 897641 Email rona.norton@btinternet.com www.glebefarm-cottages.co.uk

LODGE COTTAGE

Salle Moor Hall Farm, Wood Dalling Road, REEPHAM NR10 4SB Tel 01603 879046 Email lynn.carter@salleorganics.co.uk www.salleorganics.co.uk

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20

THE OLD FORGE

****Self Catering
Hemblington Lane, STRUMPSHAW
NR13 4NE
Tel 01603 717015
Email shirlfm@hotmail.co.uk

www.theoldforgebarn.co.uk

THE OLD STABLE YARD Swallows & Wagtails

★★★★Self Catering Birds Place Farm, Back Lane, BUXTON NR10 5HD Tel 01603 279585 Email bill@birdsplacefarm.co.uk www.birdsplacefarm.co.uk









22

THE OLD WINDMILL

*****Self Catering
Cawston Road, AYLSHAM NR11 6NB
Tel 01263 732118
Email timatmill@aol.com
www.aylshamwindmill.co.uk

POND COTTAGE

★★★★Self Catering
22 Upper Street, SALHOUSE NR13 6RZ
Tel 01603 722286/07799502412
Email providence@hotmail.co.uk
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24

OUAKER HALL BARNS

*****Self Catering Quakers Hall, School Road, HAVERINGLAND NR10 4QF Tel 01328 821744 Email info@quakerhallbarns.co.uk www.quakerhallbarns.co.uk



★★★★Self Catering
Access Mobility. Green Tourism SILVER
Grange Farm, Buxton Road,
SPIXWORTH NR10 3PR
Tel 01603 898190
Email hallcottages@btinternet.com
www.hallcottages.co.uk



STATION COTTAGE

★★★★Self Catering Station Road, ACLE, NR13 3BZ Tel 01493 751136/07957427378 Email obmc@btinternet.com www.ukholidayhome.co.uk





26

WIT'S END

★★★★Self Catering Witton, nr BRUNDALL, Norwich NR13 5DR Tel 01603 714581 Email I.j.williams@btinternet.com www.cottage-norfolk.co.uk Aylsham

Tourist Information Centre for the best of Broadland

We know what makes a great holiday or day out

Our experienced staff can offer advice, ideas, free maps and guides

- Quality assured accommodation
- Local attractions
- Circular, short and long distance walks and cycle routes
- Historic market towns with free car parking
- Church trails
- Book a bed ahead

Easter-September open daily 10am-4.30pm.
October-Easter 10am-2pm (closed Wednesday & Saturday).
Bure Valley Railway Station, Norwich Road, Aylsham NR11 6BW

t 01263 733903 f 01263 733922 aylsham.tic@broadland.gov.uk





