BIKE IT! South Norfolk Tour Map

Route Length approx 140 kilometres (88 miles) excluding detours. Car parking is available in Norwich, Whittingham Country Park, Loddon, Bungay, Harleston, Diss, Wymondham and elsewhere with care. Alternatively, bring your bike on the train, and get off in Wymondham, Norwich or Diss, where the route is easily accessible from the stations.

BAWBURGH
Pub, Shop, Car Park, Public Toilet
Old bridge/riverbank picnic spot
Round-towered Church of St Mary and St Wulstan/St Wulstan’s Well, Church Street, (site of pilgrimage since 1066)
Attractive conservation area & old water mill.
Welcome Cyclist Level 1 – The Old Lodge.

EAST CARLETON
Chasewater Home – (20)
Mansion – once home to Lotus Cars founder, Colin Chapman. (21)
- Majority Cottage B&B
- Welcome Cyclist Level 2

NEW BUCKENHAM.
- Pubs & Shops
- This was a Norman ‘Planned Town’ with a grid street plan.
- Pubs & Shops

WINFARTHING.
- There is also a large open common.

WINNYTHELING.
- Pub

BRESSINGHAM
- Bressingham has a shop / post office, a B&B and a Pub – on the A1066.
- Also a lot off the route along the A1066 is Bressingham Steam Experience and Gardens. 01379 688585 – www.bressingham.co.uk
- Locomotives, stationary engines, traction engines and a Victorian Steam Roundabout, as well as 3 narrow gauge railway rides running around the gardens. Add this to the Dad’s Army Collection,
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- NEAR BOLYARD Common there is WW2 Bressingham Station
- Bressingham was a WWII USAAF base, home to the 388th Bomb Group, ‘The Sky Scorpions’, flying B24 Liberators. It is now the home to Lotus Cars, Tours available on
- Fersfield was the operational base for Project Aphrodite.
- This project involved packing 20,000lbs of High Explosive into a redundant Flying Fortress and flying it by remote control into specific targets, notably the German V1 & V2 Bases. The project was not a success
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- Near Bolyard Common there is WW2 Bressingham Station (14). This was a satellite for the Bressingham-based 388th Bomb Group. Fersfield was the operational base for Project Aphrodite. This project involved packing 20,000lbs of High Explosive into a redundant Flying Fortress and flying it by remote control into specific targets, notably the German V1 & V2 Bases. The project was not a success and led to the death of a number of pilots, including Lt Joe Kennedy (USN) elder brother of
- In 1944 this airfield had reverted to the RAF, flying Mosquitoes. The base finally closed in December 1945.
- From here there is Welcome Cyclist Level 3 B&B – Shenneth with easy reach.

ROYDON
- Roydon has a Pub, a Shop, and a B&B with Welcome Cyclist Level 2 rating—Fen Lodge, and a pleasant piece of open common land—Brewers Green. A Wide Way off the route is Roydon Fen Nature Reserve. There is a mix of Reed and Sedge Fen. Alder Carr and Woodland, along with the associated wildlife.

DILL
- Shops, Pubs, Restaurants and Take Away Outlets, Tea Rooms, Car Parks and Public Toilets – Behind Tourist Information Centre on Mere Street and by Car Park next to Mere Park.
- Welcome Cyclist B&B’s – Holkaide–Level 2, and Oak Tree Cottage–Level 3.
- Picturesque market town with lake (The Mere) at its centre, adjacent there is also Mere Park.
- Historic conservation area (inc. St Mary’s Church and timbered former Dolphin Inn off the Market Place and Mount Street to mouth) (10)
- Good range of shops, and services (pedestrianised Mere Street)
- Award winning small museum in Old Shambles buildings (Market Place) (Tel: 01379 650618) Admission free, open Weds – Sat (11)
- Tourist Information Centre (Tel 01379 650523) and public toilets (Mere Street, adjacent to Mere’s Mouth)
- Gaze Market and auction sales every Friday (12)
- Optional diversion to Fair Green: 16th and 17th century houses and home of fairs since the Middle Ages.

RUSHALL
- Pub, as well as Rushall House B&B which has Level 2 Welcome Cyclist classification.

HARLESTON
- Pubs, Shops, Refreshments, Car Parking and Public Toilets.
- There is a Conservation area at the heart of this market town, where many buildings of interest can be seen, including St John the Baptist Church (3)
- Meadow: Villa Farm B&B Welcome Cyclist Level 3.

ALBURGH
- Pub & Shop.